**Ecological Problems**

Since ancient times Nature has served Man, being the source of his life. But with the development of civilization man's interference in nature began to increase. Large cities with thousands of smoky industrial enterprises appear all over the world today. The by-products (побічні) of their activity pollute the air we breathe, the water we drink, the land we grow grain and vegetables on.

Every year world industry pollutes the ahmosphere with about 1000 million tons of dust and other harmful substances. Many cities suffer from smog. Vast forests are cut and burn in fire. Their disappearance upsets the oxygen balance. As a result some rare species of animals, birds, fish and plants disappear forever, a number of rivers and lakes dry up.The pollution of air and the world's ocean, destruction of the ozone layer is the result of man's careless interaction with nature, a sign of the ecological crises.

Environmental protection is of a universal concern. That is why serious measures to create a system of ecological security should be taken. Some progress has been already made in this direction. As many as 159 countries - members of the UNO - have set up environmental protection agencies. Numerous conferences have been held by these agencies to discuss problems facing ecologically poor regions .The international organisation Greenpeace is also doing much to preserve the environment.

**Internet. For and Against Essay**

We live in the age of information technology and nowadays the Internet is nearly as common as the telephone.

No doubt that it is a unique invention, which has influenced all areas of our lives.

On the one hand, the Internet is very useful, because it lets us access a world of facts, figures and knowledge.

With the Internet, it is now possible to speak to friends and relatives any-where in the world cheaply and quickly.

Other services are also available through the Internet such as booking tickets or buying things.

The Internet allows a lot of talented people to show the world their achievements and makes it easier to find a job.

On the other hand, people spend hours in front of their computers and neglect their everyday duties.

 Another worry is the activities of cybercriminals.

For example, hackers can steal your money,cyberterrorists may 'attack' the world's computers, making planes and trains crash. What is more, leaders of different terrorist or oppositional organizations can use the Internet to find new followers.

In conclusion, I strongly believe that the Internet seems to have changed our world to the better and we must try to make the best use of it.

**Mobile phones pros and cons**

In recent years, the world has witnessed a booming number of mobile phones. They are dramatically changing the way people contact to each other. However, not all the effects of them have been positive.

To begin with, using mobile phones is one of popular methods for people to communicate, relax and do business. By using call or video phone, text message, we are able to keep in touch together despite a long distance. These days, with the significant developement of cell phones, they enable users to entertain such as surfing the internet, sending photos or downloading videos and games.

Although these communication technologies also have several negative impacts. Firstly, using cell phones too much will probably be harmful for human's health. In addition, children are spending a lot of their free time on using mobiles with the purpose of chatting or playing games. This is time consuming and affect negatively on their studies. Lacking of face-to-face communication is also the result of using mobiles. Instead of going out or dating, many people prefer to stay at home and use their cell phones to connect to others.

In general, mobile phones have both pros and cons to our society. They make the people's lives and works become more convinient. Yet, mobile phones still impact badly on health, time and communication of individuals. To advoid these problems, each person should manage the time of using mobiles reasonably.

**Online shopping pros and cons**

Modern information technologies have influenced greatly people’s lifestyle. Today we can do shopping not only at markets and stores but also on the Internet. There is a great variety of online shops on the Internet and they sell all kinds of goods: from cars or airplane tickets to books or food. You can buy anything just with a few clicks of the mouse.

It is often faster and cheaper to buy online. For instance, finding and buying books on a website is easier and more convenient than walking around a large bookstore.

It goes without saying that not all products can be purchased ( придбати) online as easy as books. People prefer to try on clothes, for example, to feel the quality and choose the right size. So they often go shopping first, choose the product in stores and then place an order for it online.

Online shopping is also an ideal way of buying goods for extremely busy people or for the disabled. Online stores are usually available 24 hours a day. All you need is the Internet access and a valid method of payment: credit cards, electronic money or cash on delivery.

The main disadvantage of online shopping is insecurity. There is always a small risk that your financial and personal information might be exploited (використовувати) by hackers. Other frustrating disadvantages are additional costs for delivery and long waiting time, up to several weeks.

To my mind, it is a very useful and convenient invention. We should just be careful when choosing a website and placing orders.

**Social Networks**

We don`t imagine our lives without Internet. We use popular services and sources every day. One of the most popular sources is social nets. Nowadays millions of people use social networks. It is an Internet site that gives us a chance to support various contacts, keep friendly relationships with classmates, acquaintances. Social nets allow watching photos and video films, to listen to music and so on. There is a possibility to enter different interesting groups.

I think social networks help disabled and lonely people very much. They can create an account and start communicating with other identical partners. Most of social networks are used by people to meet friends with similar interests and hobbies. Although people live far away from one another any network can unite them.

The appeal of social networks lies firstly in their accessibility – the registration on most of the popular social networks is free of charge.Secondly social networks create the possibility to connect with friends, acquaintances or even strangers across the world. Finally many sites such as Facebook, provide entertainment for their users. And so numbers of users of Facebook are millions.

Thanks to modern technologies people can not only write different kinds of letters to their partners all over the world, but talk and see them by means of a web camera. But on the other hand, social networks are full of aggressive, cruel, violent and dangerous videos for children.

I believe networks can be used by adult people and children at the age of fourteen and up. As for me, I use social networks with great pleasure as they give me a helping hand with my self-education and communication.

**Television advertising**

Everything we eat, wear or use is often dictated to us through commercial advertising. One of the most powerful forms of advertising is television. It provides an excellent chance for companies to promote and sell their products. To my mind television is able to sell different goods like no other mass medium can.

Some people find TV commercials rather annoying. Advertisers use the concept of repetition in order to promote goods, services, ideas and to awake the desire of purchasing. Besides, people usually get nervous when their favourite film or programme is constantly interrupted by endless ads.

To spend a day without television is almost impossible for a child or teenager living in the 21st century. A number of hours a modern child spends in front of TV is enormous. Adults also depend greatly on TV news, weather reports, sports or entertaining programmes. Advertisers choose the particular time of the day and specific programmes to gain attention of their target audience. Luckily alcohol and tobacco advertising is banned on TV in our country.

Children and youth are easily influenced and sometimes naive, so I believe that television ads should send only positive and healthy messages. Sex, violence or racism should be banned during TV commercials

Television advertising plays an important role in our lives. It influences our views and preferences unconsciously.

**Do you ever use the Internet to help you with your language learning? If so, what do you use it for?**

The Internet is perfect source for language learners; it can help you [get started](http://wildjunketmagazine.com/learning-a-foreign-language-5-tips-to-get-you-started/) or improve in any area of language. Depending on what part you plan to target, there are plenty of sites and tools to help you achieve your goals

1.

**Watch videos:** Video sites (like [YouTube](http://wildjunketmagazine.com/improve-foreign-languages-internet-edition/www.youtube.com)) have grown a lot over the past few years. This will help you get used to how the language is supposed to sound, as well as help you with acquiring an authentic accent, even if you don’t understand what they’re saying.

 2.

**Listen to songs:  M**any people turn to video sites to listen to music. Listening to songs can help you with achieving a better accent, and enrich your vocabulary.

 3.

**Write to a pen pal:** a pen pal site is an invaluable source that will never fail to exercise your language muscle.

4.

**Online Language Programs:**This might be more for someone who is looking to learn a new language, but this can also apply to someone who is looking to brush up on a language.

5.

**Change your Facebook Settings:** It’ll help you learn new words here and there if you don’t already know them, and it’ll help you get used to seeing your targeted language on a daily basis.

6.

**Video Chatting:** you can talk to anyone, anywhere, at anytime. [Skype](http://wildjunketmagazine.com/improve-foreign-languages-internet-edition/www.skype.com), [Oovoo](http://wildjunketmagazine.com/improve-foreign-languages-internet-edition/www.oovoo.com%22%20%5Co%20%22Oovoo%20%22%20%5Ct%20%22_blank), and other video chatting services are mainly free, so if you’re looking most toward improving your listening and speaking skills, video chatting with a family member, friend, or even a pen pal who speaks your targeted language can help you improve tremendously.

**The advantages and disadvantages of studying abroad.**

When people's standard of living increase, they often think about improving their knowledge for a better life. To do that, they choose to study in developed countries where they can get progressive education.
As you know, there are obvious advantages to study abroad.
 Firstly, we have chance to improve our language. I think nothing is better than to learn language with the native speakers. Because we can practice with the local people, so it is very useful to improve our listening and speaking skills. It also offer chances to discover the new cultures, way of thinking, history, customs and lifestyles.
 We have opportunities to study the new technologies and most recent science achievements. In addition, we are equipped with the valuable and updated knowledge which may help us find jobs easily after graduating.
However, studying abroad is often expensive. We have to pay not only for our school fees but also for our living cost.
 Last but not least, adapting to a new environment is a real challenge for every foreign student. While changing the weather can affect our health, different cultures and customs may influence our mind and make us become less confident or even a victim of discrimination.
 Therefore, if you have a chance I think you should take that chance to study abroad.

**The Importance of the English Language in Today's World**

Language is our primary source of communication. It's the method through which we share our ideas and thoughts with others. Some people even say that language is what separates us from animals and makes us human.

There are several factors that make the English language essential to communication in our current time. First of all, it is the most common foreign language. This means that two people who come from different countries usually use English as a common language to communicate. That’s why everyone needs to learn the language in order to get in touch on an international level. Speaking it will help you communicate with people from countries all over the world, not just English-speaking ones.

English is also essential to the field of education. In many countries, children are taught and encouraged to learn English as a second language. At the university level, students in many countries study almost all their subjects in English in order to make the material more accessible to international students.

On the Internet, the majority of websites are written and created in English. Even sites in other languages often give you the option to translate the site. It's the primary language of the press: more newspapers and books are written in English than in any other language, and no matter where in the world you are, you will find some of these books and newspapers available.

Although many people think that it is very difficult and confusing, English is actually the easiest language of the world to learn because there are so many resources available. There are thousands of resources on the Internet and in bookstores. I'm not just talking about lessons and grammar books. You can supplement traditional learning materials with children's TV shows and books. I suggest watching as much TV as you can, in English with English subtitles, and you will pick up conversational English in no time.

With good understanding and communication in English, you can travel around the globe. English skills will also help you in any business venture you choose to follow. If you visit some offices, companies, governmental organizations, or even math or engineering companies, you will see the importance of English. Any big company will hire their professional staff after getting to know whether the people they are hiring are good at English or not.

Those who are still unaware of the importance of English should start learning it, as a time will come when everything will be understood, spoken and written in English.

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| **Family Relations** |
| Family is an essential part of the society and it plays the most important role in everybody’s life. It means that the most important people in our lives are our family members. I believe that everyone wants to have a happy family and good relations with all its members. In my opinion, a happy family should have mutual interests, hopes and dreams to share. Other important issues are love, trust and respect. No family can exist without love. Happiness is also impossible without love. When people love each other, they can overcome all the obstacles. Unfortunately, modern couples often build their relations on some other values, such as money, social position, etc. They think that happiness will come itself and nobody has to make an effort. They are mistaken, as good family relations are impossible without mutual understanding and love. Children in the family also play an important role. To keep up ideal relations with parents they should be kind to them, trusting and understanding. They should share everyday joys and sorrows with their parents. Whenever, there is a difficult situation, parents are the first people to help them and find the way out. My family is not big. I live with my parents and my little sister. I think that we have ideal relations, as we never quarrel with each other. Instead, we always treat each other with respect and love. If there is a problem, we talk about it and try to find the best possible solution. |

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| **Fast Food** |
| Modern life runs so quickly that people often don’t have enough time to eat. And most certainly they get little time for cooking. Lots of people think that fast food is the best solution in this situation. That’s why fast-food chains have become so popular. They provide simple menus, which usually contain French fries, hamburgers, sandwiches, salads, milk cocktails, and else. Perhaps the most famous fast-food chain is McDonalds. This place is rather popular among children and grown-ups. People like having food which is cooked beforehand and served quickly. However, doctors all over the world find fast food rather unhealthy. They say that fast food contains many calories, lots of fat and just a few vitamins. They also say that eating fast food every day leads to overweight and stomach problems. Luckily, people today are more health-conscious than before and they realize that eating lots of fast food can be dangerous. The question about fast food always brings up many opinions. Some people state that it’s not bad at all. Usually those people have lots of work to do during weekdays and fast food is a good idea for lunch. Children are also among those who like fast-food chains. They especially like getting toys with their meal. McDonalds was the first restaurant to use this strategy. Others avoid eating fast food because it can lead to the following health problems: high blood pressure, heart diseases and obesity. In conclusion, I’d like to say that everyone has a choice. I choose fresh fruit and vegetables. That’s why when I’m at a fast-food restaurant I order a salad and an orange juice. |

**What kinds of activities can people do to promote their health and well-being? Why is it important to exercise regularly?**

Regular physical activity can produce long term health benefits. People of all ages, shapes, sizes, and abilities can benefit from being physically active. The more physical activity you do, the greater the health benefits.

**Being physically active can help you:**

* Increase your chances of living longer
* Feel better about yourself
* Decrease your chances of becoming depressed
* Sleep well at night
* Move around more easily
* Have stronger muscles and bones
* Stay at or get to a healthy weight
* Be with friends or meet new people
* Enjoy yourself and have fun

**When you are not physically active, you are more likely to:**

* Get heart disease
* Get type 2 diabetes
* Have high blood pressure
* Have high blood cholesterol
* Have a stroke

Physical activity and nutrition work together for better health. Being active increases the amount of calories burned.

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| **Friendship** |
| One of the most valuable things in life is friendship. It is important for people to have someone, who they can trust. Usually people meet, get acquainted, communicate and as a result become friends. However, only time can show, whether the friendship is strong or not. For me friendship is not only communication, but support, understanding and sympathy. If your friends are real, they never betray you, they never leave you in trouble, they always listen to your problems and try to help when needed. I have lots of good friends, but two of them are the best. Their names are … I can always rely on them and share my thoughts with them. We spend lots of time together. I simply can’t imagine life without these people. They make my life brighter and more interesting. When I’m bored, I can always phone my friends and ask them to come over. I fully trust them and I know that they would do anything for me. I know that it’s not easy to find a real friendship. So, I try to appreciate the relations I have with my true friends. |

**Fashion and my attitude to it**

Fashion has always had a huge influence on people around the world. The main reason why we try to follow the latest fashion trends is a desire to look stylish, attractive, popular and more confident. Generally people judge a new person by his appearance and his clothes and only then, by his inner qualities. There is a proverb: “Good clothes open all doors.”

Fashion often means style, glamour and success. It is also a big business. It’s hard to resist the temptation to buy some brand-name clothing in our modern world. Every day we pass by colourful shop-windows, we see plenty of ads everywhere: on buses, billboards, TV and in magazines. Many teenagers pay too much attention to their friends’ and classmates’ appearance. Sadly, if some parents are not able to afford buying trendy clothes with fashion labels, their kids often become outsiders. So clothes usually separate people into social groups.

In my opinion every person can have his own style and look unique. He should choose clothes according to his taste, age, job, constitution and character. I am glad to say that I don’t pay so much attention to fashion and I am not its victim. I don’t care too much about what other people wear. The most important thing for me in the outlook is neatness, natural look and beauty. I must admit that some fashionable clothes are quite ridiculous and unpractical. Besides, if a person doesn’t have a good taste he is not able to put things together and look attractive and stylish even in fashionable clothes.

**Keep in touch with friends**

These days, many of us have friends all over the world, not to mention in different cities and parts of the country. It’s also easier than ever to [stay in touch](http://www.englishbaby.com/user/member_login_form) with people, no matter how far away they live.

I keep in touch with friends using:

Skype

Video calls are even better, as they allow you to keep in touch visually. Skype is easy to use, though you must install the program on your phone, tablet, or computer and set up a free account. You can also make audio calls and send text messages through Skype, anywhere you have internet access.

1. E-mails

It’s just like sending a letter to someone, but instead of posting it, you send it via the internet.

There are many benefits to sending an email:

Speed - Emails typically arrive within seconds or minutes of being sent to anywhere in the world.

Convenience - You can type your email message, save it for later and send it at any time without having to worry about envelopes and stamps.

Sending files - You can share photos and files by attaching them to an email.

Cost - With the exception of your internet bill, sending and receiving emails is free

1. Calls

I have to say that on rare occasions I send letters/cards, but it's really rare and only for people I consider close friends.

**Hobbies, Leisure time**

Nowadays people work all day long and rarely have spare time to rest and to do something they like. But if they have it they try to spend it in the way they prefer.

I'd like to notice that there are two main ways of spending free time: the one is to do some physical activities (often outdoors), for example, football, swimming, hockey, skiing; and another way is to enjoy something relaxing at home or in special places: reading, watching TV, knitting and so on.

As for me, I like to pass my leisure time both in active and passive way. I really enjoy reading or watching films, because it's always interesting, helpful and helps to relax, what is especially necessary after a long tiring day. Also I am fond of active sports, swimming, skiing or riding a bike from time to time, when it is possible.

Anyway, in the life of any person there are periods of time when he feels extremely bored. It happens because this person doesn't know what to do with his time. Well, this problem has hundreds ways of solution. The simplest is to find something interesting to do. Here are some variants of activities to choose:
- Just tidy up;
- Try new recipes;
- Decide on making candles, knitting, create something new you can be proud of;
- Don't let online games dominate in your life;
- Photography, drawing, painting, playing musical instruments are very special activities that you can do as a cure for boredom;
- Communicate more with other interesting people;
- Read something exiting, encouraging, or anything that will enrich your knowledge;
- Go out with you friends.
Following these simple advices you will never have a time to think about such problem as boredom.

As we all know, leisure time is one of the most important thing people can't live without. It is a big part of our life, and it actually shows the character and temper of person. I can't imagine a person who doesn't have any hobbies and favorite activities, because it is really impossible.

**Teenagers and work**

Working teens can be a double-edged sword. Research shows that some teens may get lower grades and even get into trouble with drugs and alcohol as a result of after-school jobs, but for many, the benefits outweigh the potential risks. Building experience, self-reliance, and important skills are among some of the best benefits many teens see from part-time work, and they’re among the best reasons for teens to get an after-school job. I want to talk about some great reasons teens should work while in school.

1. [**Working makes adolescent life more affordable**](http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2936460/)**:**

Parents of teens today know how expensive it can be to have a teenager in the house: electronics, clothes, even a car can all add up to huge bills. When teens take on a part time job, they are better able to contribute to the purchase of these fun teen expenses or completely fund them for themselves.

1. [**Earning money offers an opportunity for financial education**](http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2936460/)**:**

When they earn money and subsequently spend it, parents have the opportunity to teach their children about responsible [money management](http://www.bachelorsdegreeonline.com/finance.php). Contributing to car expenses and their college fund, creating a budget, and learning just how much things like food and gas cost are all lessons that are possible with a teen’s paycheck.

1. [**Teens build valuable work experience**](http://middleearthnj.wordpress.com/2010/04/02/teenagers-and-part-time-jobs-benefits-drawbacks-and-tips/)**:**

Students who are able to work during their high school and college years are able to demonstrate this experience and build valuable entries on their resume. This experience also demonstrates that they are able to successfully balance work and education at the same time.

1. [**Teens can build connections through part-time work**](http://learningstore.uwex.edu/assets/pdfs/B3706-2.pdf)**:**

 By working part time, teens can establish contacts with adult employers that can function as references and give recommendations in the future.

1. [**Students can contribute to their own college fund**](http://learningstore.uwex.edu/assets/pdfs/B3706-2.pdf%22)**:**

Obviously, teens love to spend their part-time earnings on fun stuff, but they can spend it responsibly, too.

1. [**Work provides a constructive use for free time**](http://middleearthnj.wordpress.com/2010/04/02/teenagers-and-part-time-jobs-benefits-drawbacks-and-tips/)**.**
2. [**Working during school years teaches balance**](http://www.bos.frb.org/economic/nerr/rr2001/q2/teens.htm)**:**

Teens who work while still maintaining school learn about the struggles of an adult life full of responsibilities and have an opportunity to explore how they will balance all of their commitments as an adult.

1. [**Teens who work may earn higher grades in school**](http://www.more4kids.info/626/pros-and-cons-of-teen-jobs/)**:**

Studies have shown that students who work 10 to 15 hours a week during the school year earn higher grades than students who don’t work at all.

1. [**Part-time job searching is a great exercise for future opportunities**](http://www.more4kids.info/626/pros-and-cons-of-teen-jobs/)**:**

Conducting a job search as a teen is a great time to teach kids skills like filling out an application, writing a resume, and learning how to give a good interview. Mastering these skills at a young age can help teens to be better prepared when it’s time to find a career-launching job.

1. [**Teen jobs build confidence**](http://life.familyeducation.com/teen/jobs-and-chores/36446.html)**:**

As teens work at a part-time job, they learn just how capable they are, building confidence and self-reliance. This can help teens feel more independent, and develop a sense of responsibility as a young adult.